

# Sweet Potato Pie

## *A low fat version?*

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- Ingredients

- 3 medium sweet potatoes, cooked and peeled.
- ¼ cup of butter
- 1 (14 oz.) can of low -fat Sweetened condensed milk
- 1 teaspoon of vanilla extract
- 1 teaspoon of orange extract,
- 1 teaspoon of ground cinnamon and ground nutmeg and ½ teaspoon of ground ginger
- ½ cup of brown sugar
- 3 eggs
- Blend everything together using food processor. Pour into pie shells. This recipe makes 2 pies.
- Bake at 350 until gold brown and tooth pick comes out clean